



Seshadripuram Educational Trust

SESHADRIPURAM DEGREE COLLEGE

Affiliated to the University of Mysore [College Code: 1082]
ISO 9001:2015 Certified | NAAC Accredited "B++" Grade
#25, HEBBAL RING ROAD, MYSURU - 17 □ 0821 - 2970536

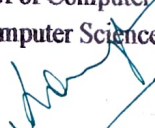
Date: 12/09/2024

Report on Installation of Office Bearers of Interact and Rotaract Clubs

Students of Seshadripuram Degree College, Mysore, enthusiastically participated in the Installation of Office Bearers for the Interact and Rotaract Clubs at Rotary Club of Mysore Midtown on September 4, 2024, at 9:30 am in the Fine Arts College Auditorium. The event's chief guest was Rtn. P K Ramakrishna, District Governor Elect RID-3181, and the guest of honour was Rtn. Dr. Prahlad K A, Assistant Governor Zone 7. The new office bearers for the Academic Year 2024-25 from Seshadripuram Degree College were appointed by the Chief Guest and Guest of Honour. The newly appointed office bearers for the Academic Year 2024-25 include:

Sl. No.	Designation	Names
1	President	Rishitha N.H [B.com]
2	Vice President	Ruchitha Rajesh [BBA]
3	Secretary	Muruli Krishna S.R [BCA]
4	Joint secretary	Mayur G.Naidu [BCA]
5	Treasurer	Mohammed Taqueer
6	Club Director-1	Bandavya [BBA]
7	Club Director-2	Bhoomika [BBA]
8	Club Director-3	Sinchana H.M[BCA]
9	Club Director-4	Bhairavi M [B.com]
10	Sergeant in Arms	Shivani Patel G.T [BCA]
11	Editor 1	Arshad Pasha [BCA]
12	Editor 2	Veekshi B.D [BCA]

The program was witnessed by Rtn. Kumara swamy S, President 2024, Rotary Club of Mysore Midtown; Rtn. Elizar Milton, Honorary Secretary 2024, Rotary Club of Mysore Midtown; Rtn. Apoorvi Padwal, Youth Service Director, Rotary Club of Mysore Midtown; Mr. Vinay, Asst. Prof of Computer Science and coordinator of Rotaract Club and Mr. Guruprasad, Asst. Prof of Computer Science.


PRINCIPAL



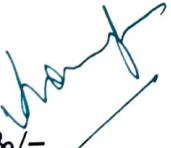
ಶೇಷಾದ್ರಿಪುರಂ ಪದವಿ ಕಾಲೇಜು

ದಿನಾಂಕ: ೧೨.೦೯.೨೦೨೪

ಪದಾಧಿಕಾರಿಗಳ ಸ್ಥಾಪನೆ ಕಾರ್ಯಕ್ರಮ ರೋಟರಾಕ್ಸ್ ಕ್ಲಬ್ 2024-25

ಮೈಸೂರಿನ ರೋಟರಾಕ್ಸ್ ಕ್ಲಬ್, ಮೈಸೂರು ಮಿಡ್ ಟೌನ್, ಶೇಷಾದ್ರಿಪುರಂ ಪದವಿ ಕಾಲೇಜು, ಮೈಸೂರು ಹೆಬ್ಬಾಳು, ಇವರ ಸಹಯೋಗದೊಂದಿಗೆ ಪದಾಧಿಕಾರಿಗಳ ಸ್ಥಾಪನೆ ಕಾರ್ಯಕ್ರಮವನ್ನು ಲಲಿತಾಕಲ ಕಾಲೇಜು ಮಾನಸಗಂಗೋತ್ರಿ, ಮೈಸೂರು ದಿನಾಂಕ:04/09/2024 ಬುಧವಾರದಂದು ಬೆಳಿಗ್ಗೆ 9:30ಕ್ಕೆ ಆಯೋಜಿಸಲಾಗಿತ್ತು.

ಪದಾಧಿಕಾರಿಗಳ ಆಯ್ಕೆಯನ್ನು ಪ್ರತಿವರ್ಷದಂತೆ 2024- 25 ನೇ ಸಾಲಿನ ಪದಾಧಿಕಾರಿಗಳನ್ನು ಆಯ್ಕೆ ಮಾಡಲಾಯಿತು. ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ Rtn. ಪಿ.ಕೆ. ರಾಮಕೃಷ್ಣ, ಜಿಲ್ಲಾ ಗವರ್ನರ್, ರೋಟಾರಿಕ್ಸ್ . ಇವರು ಪದಾಧಿಕಾರಿಗಳಿಗೆ ಪದಾಧಿಕಾರಿಗಳ ಕಾರ್ಯಗಳ ಬಗ್ಗೆ ವಿವರಿಸಿದರು. ಗೌರವ ಅತಿಥಿಗಳಾಗಿ Rtn. ಡಾ. ಪ್ರಹ್ಲಾದ್ ಕೆ. ಎ. ಸಹಾಯಕ ಗವರ್ನರ್ ಜೋನ್ 7. ರೊಟೇರಿಯನ್ ಕುಮಾರಸ್ವಾಮಿ. ಎಸ್. ಅಧ್ಯಕ್ಷರು, ರೋಟರಿ ಕ್ಲಬ್ ಆಫ್ ಮೈಸೂರು ಮಿಡ್ ಟೌನ್, ಮೈಸೂರು. ಇವರು ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ರೂಪಿಸುವುದರ ಬಗ್ಗೆ ಪದಾಧಿಕಾರಿಗಳಿಗೆ ತಿಳಿಸಿದರು. ರೊಟೇರಿಯನ್ ಲಜಾರ್ ಮಿಲ್ಟನ್. ರೋಟೇರಿಯನ್ ಎಲಜಾರ್ ಮಿಲ್ಟನ್ ಗೌರವ ಕಾರ್ಯದರ್ಶಿಗಳು ರೋಟರಿ ಕ್ಲಬ್ ಆಫ್ ಮೈಸೂರ್ ಮಿಡ್ ಟೌನ್. ಅಪೂರ್ವ ಪಡವಲ್, ಯೂಥ್ ಸರ್ವಿಸ್ ನಿರ್ದೇಶಕರು. ವಿನಯ ಎಂ ಸಂಯೋಜನಾಧಿಕಾರಿಗಳು ಸಹಾಯಕ ಪ್ರಾಧ್ಯಾಪಕರು ಗಣಕ ಶಾಸ್ತ್ರ, ವಿಭಾಗ ಶೇಷಾದ್ರಿಪುರಂ ಪದವಿ ಕಾಲೇಜು, ಮೈಸೂರು. ಗುರುಪ್ರಸಾದ್, ಸಹಾಯಕ ಪ್ರಾಧ್ಯಾಪಕರು ಗಣಕ ಶಾಸ್ತ್ರ, ವಿಭಾಗ ಶೇಷಾದ್ರಿಪುರಂ ಪದವಿ ಕಾಲೇಜು, ಮೈಸೂರು. ಹಾಗೂ ವಿದ್ಯಾರ್ಥಿಗಳು ಉಪಸ್ಥಿತರಿದ್ದರು.


ಸಹಿ/-

ಪ್ರಾಂಶುಪಾಲರು

ಪ್ರಾಂಶುಪಾಲರು
ಶೇಷಾದ್ರಿಪುರಂ ಪದವಿ ಕಾಲೇಜು
25, 26, ಮೊರ ಮಹಾಲ ರಸ್ತೆ,
ಭಾರತ ಕ್ಯಾನ್ಸರ್ ಆಸ್ಪತ್ರೆ ಹತ್ತಿರ, ಹೆಬ್ಬಾಳು,
ಮೈಸೂರು - 570 017





SESHADRIPURAM DEGREE COLLEGE

Affiliated to the University of Mysore | College Code: 1082 |
ISO 9001:2015 Certified | NAAC Accredited "B++" Grade
#25, HEBBAL RING ROAD, MYSURU - 17 ☎ 0821 - 2970536

Date: 12/09/2024

Report on Installation of Office Bearers of Interact and Rotaract Clubs

INSTALLATION OF OFFICE BEARERS of INTERACT & ROTARACT CLUBS Rotary Club of Mysore Midtown September 04, 2024 Wednesday, 9.30 AM at Fine Arts College Auditorium

Chief Guest
Rtn. P K Ramakrishna
District Governor Elect RID - 3181

Guest of Honour
Rtn. Dr. Prahlad K A
Assistant Governor Zone 7

Installing Officers

1. PP Rtn. Venkatesh R	1. Anantha Geetha Vidyalaya	1. Rotaract Club of Mysore Midtown
2. PP Rtn A N Aliyanna	2. Trinity PU College	2. Sheshadripuram FGC
3. PP Rtn. Sali Kumar Das	3. Rotary Midtown Academy	3. Trinity FGC
4. PP Rtn. Dr. Prahlad K A	4. Depaul International School	4. Depaul FGC
5. PP Rtn. S Raghavendra		
6. Rtn Dr. M N Bheemesh		
7. PP Rtn Harish K B		
8. PP Rtn. Umesh K		

Special Invitees
Heads of all the Institutions

LUNCH : 1.30 PM

Rtn. Kumara Swamy S
President 2024
Rotary Club of Mysore Midtown

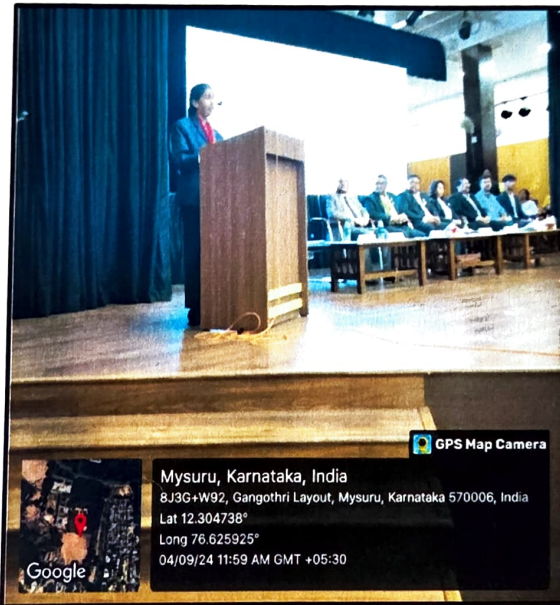
Rtn. Elizar Milton
Hon. Secretary 2024
Rotary Club of Mysore Midtown

Rtn. Apoorvi Padwal
Youth Service Director
Rotary Club of Mysore Midtown



Principal
Seshadripuram Degree College
Mysuru





[Signature]
 Principal
 Seshadripuram Degree College
 Mysuru





Seshadripuram Educational Trust

SESHADRIPURAM DEGREE COLLEGE

Affiliated to the University of Mysore | College Code: 1082 |
ISO 9001:2015 Certified | NAAC Accredited "B++" Grade
#25, HEBBAL RING ROAD, MYSURU - 17 B 0821 - 2970536

Date: 23/09/2024

A Session on CPR Basic Life Support Program

Objective:

The objective of a CPR Basic Life Support (BLS) program is to equip participants with the knowledge and skills necessary to provide immediate care in emergencies involving cardiac arrest or respiratory distress.

In an effort to raise awareness among students about the importance of basic life support during emergencies, the Youth Red Cross and the Rotaract Club organized a session on "CPR and Life Support Awareness Program" on 19th September 2024 at 2:45 PM. The program was held under the directives of the IQAC. Given the limited knowledge of basic life support in today's context, Dr. Vaidyanathan R., Chief Intensivist and Head of Cauvery Heart and Multi-specialty Hospital, Mysore, delivered a comprehensive lecture on CPR. He demonstrated, with scientific precision, how to administer life support through artificial means.

Dr. Vaidyanathan also emphasized the vital role of the heart in sustaining life, offering a detailed scientific explanation of various human organ functions. Many students actively participated by raising questions about life support and the situations in which it should be applied.

The session wound up at 3:45 Dr. Sowmya Erappa K, Principal; Mr. Vinay V, Coordinator, Youth Red Cross and Rotaract Club were present.

Outcomes:

Participants gain hands-on experience and can perform high-quality CPR and use an AED effectively. Individuals feel more assured in their ability to respond to emergencies. Enhanced ability to identify cardiac arrest and respiratory distress.


PRINCIPAL

Principal
Seshadripuram Degree College
Mysuru

ಶೇಷಾದ್ರಿಪುರಂ ಶಿಕ್ಷಣ ದತ್ತಿ(ರಿ) ಬೆಂಗಳೂರು



ಶೇಷಾದ್ರಿಪುರಂ ಪದವಿ ಕಾಲೇಜು

ದಿನಾಂಕ: ೨೩.೦೯.೨೦೨೪

ಸಿ ವಿ ಆರ್ ಮತ್ತು ಬೇಸಿಕ್ ಲೈಫ್ ಸರ್ವೋಟ್ ಅವೇರ್ನೆಸ್ ಪ್ರೋಗ್ರಾಮ್

ಶೇಷಾದ್ರಿಪುರಂ ಪದವಿ ಕಾಲೇಜು ವರ್ತುಲ ರಸ್ತೆ ಹೆಬ್ಬಾಳು ಮೈಸೂರು ಇಲ್ಲಿನ ಆಂತರಿಕ ಗುಣಮಟ್ಟ ಭರವಸೆ ಕೋಶ ಹಾಗೂ ಯೂತ್ ರೆಡ್ ಕ್ರಾಸ್ ಮತ್ತು ರೋಟರಿಯನ್ ಕ್ಲಬ್ ಸಹಯೋಗದೊಂದಿಗೆ ದಿನಾಂಕ:19/09/2024 ರ ಗುರುವಾರದಂದು ಮಧ್ಯಾಹ್ನ 2:00 ಗಂಟೆಗೆ ಸಿಪಿಆರ್ ಮತ್ತು ಬೇಸಿಕ್ ಲೈಫ್ ಸರ್ವೋಟ್ ಜಾಗೃತ ಕಾರ್ಯಕ್ರಮವನ್ನು ಏರ್ಪಡಿಸಲಾಗಿತ್ತು.

ಈ ಕಾರ್ಯಕ್ರಮದ ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಡಾ. ವೈದ್ಯನಾಥನ್ ಆರ್ ಮುಖ್ಯಸ್ಥರು ಮುಖ್ಯ ತೀರ್ಪು ಘಟಕ, ಆರವಳಿಕೆ ಮತ್ತು ತೀರುವ ನಿಗಾ ಔಷಧಿ ವಿಭಾಗ, ಕಾವೇರಿ ಹಾಟ್ ಅಂಡ್ ಮಲ್ಟಿ ಸ್ಪೆಷಾಲಿಟಿ ಆಸ್ಪತ್ರೆ ಮೈಸೂರು. ಕಾರ್ಯದರ್ಶಿ ಐ ಎಸ್ ಎ ನಗರ ಕಚೇರಿ, ಮೈಸೂರು. ಭಾರತೀಯ ಪುನರುಜ್ಜೀವನದ ಸಂಚಾಲಕರು. ಇವರು ಹೃದಯಕ್ಕೆ ಸಂಬಂಧಪಟ್ಟಂತಹ ಕಾಯಿಲೆಗಳ ಬಗ್ಗೆ ತಿಳಿಸುತ್ತಾ ಹೃದಯಘಾತ ಸಂಭವಿಸುವುದಕ್ಕಿಂತ ಮುಂಚಿತವಾಗಿ ದೇಹದಲಾಗುವ ಬದಲಾವಣೆಗಳ ಬಗ್ಗೆ ತಿಳಿಸಿದರು. ಹಾಗೂ ಹೃದಯಘಾತ ಸಂಭವಿಸಿದಾಗ ಪ್ರಥಮ ಚಿಕಿತ್ಸೆಯನ್ನು ಯಾವ ರೀತಿ ನೀಡಬೇಕು ಎಂಬುದನ್ನು ತಿಳಿಸಿದರು. ಇವರ ತಂಡವು ವಿದ್ಯಾರ್ಥಿಗಳನ್ನು ತಂಡೋಪತಂಡವಾಗಿ ವಿಂಗಡಿಸಿ ಪ್ರಾಯೋಗಿಕವಾಗಿ ಹಲವಾರು ಚಟುವಟಿಕೆಗಳ ಮೂಲಕ ಹೃದಯಘಾತ ಸಂಭವಿಸಿದಾಗ ಹೇಗೆ ಬದುಕಿಸಬಹುದು ಎಂಬುದನ್ನು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ತಿಳಿಸಿಕೊಟ್ಟರು.

ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಡಾ. ಸೌಮ್ಯ ಈರಪ್ಪ ಕೆ. ಪ್ರಾಂಶುಪಾಲರು, ವಿನಯ ಎಂ ಕಾರ್ಯಕ್ರಮ ಅಧಿಕಾರಿಗಳು ಯೂತ್ ರೆಡ್ ಕ್ರಾಸ್ ಘಟಕ ಹಾಗೂ ರೋಟರಿಯನ್ ಕ್ಲಬ್, ಅಧ್ಯಾಪಕರು ಹಾಗೂ ವಿದ್ಯಾರ್ಥಿಗಳು ಭಾಗವಹಿಸಿದ್ದರು.


ಪ್ರಾಂಶುಪಾಲರು

Principal
Sheshadripuram Degree College
Mysuru



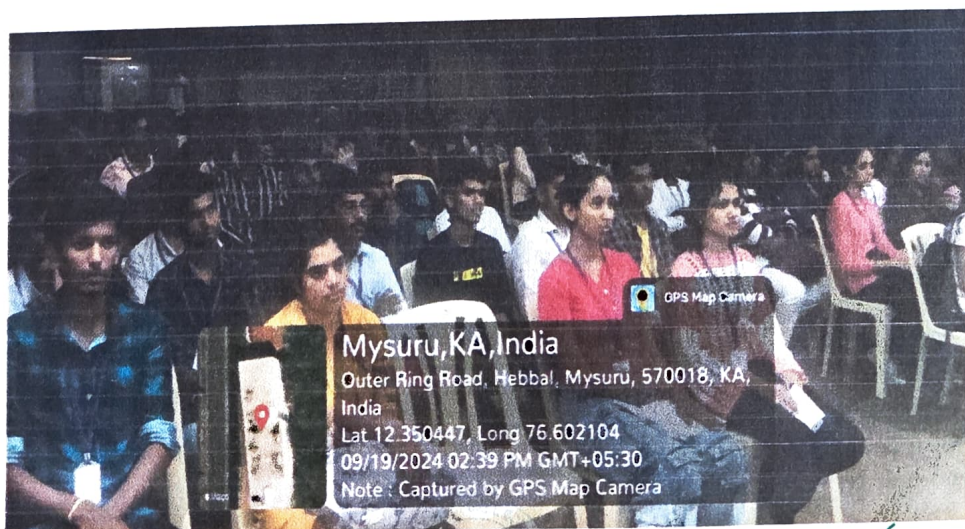
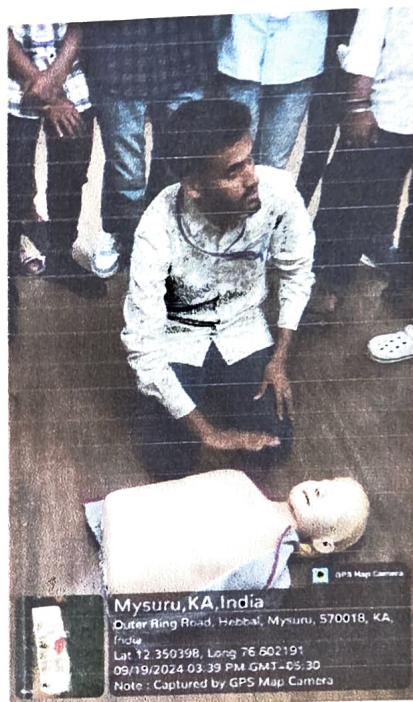
Seshadripuram Educational Trust

SESHADRIPURAM DEGREE COLLEGE

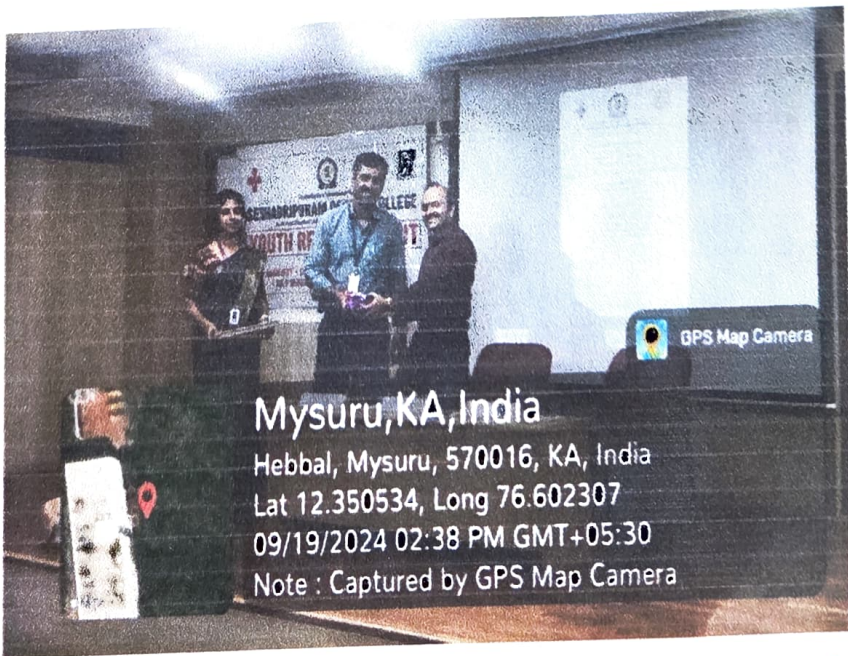
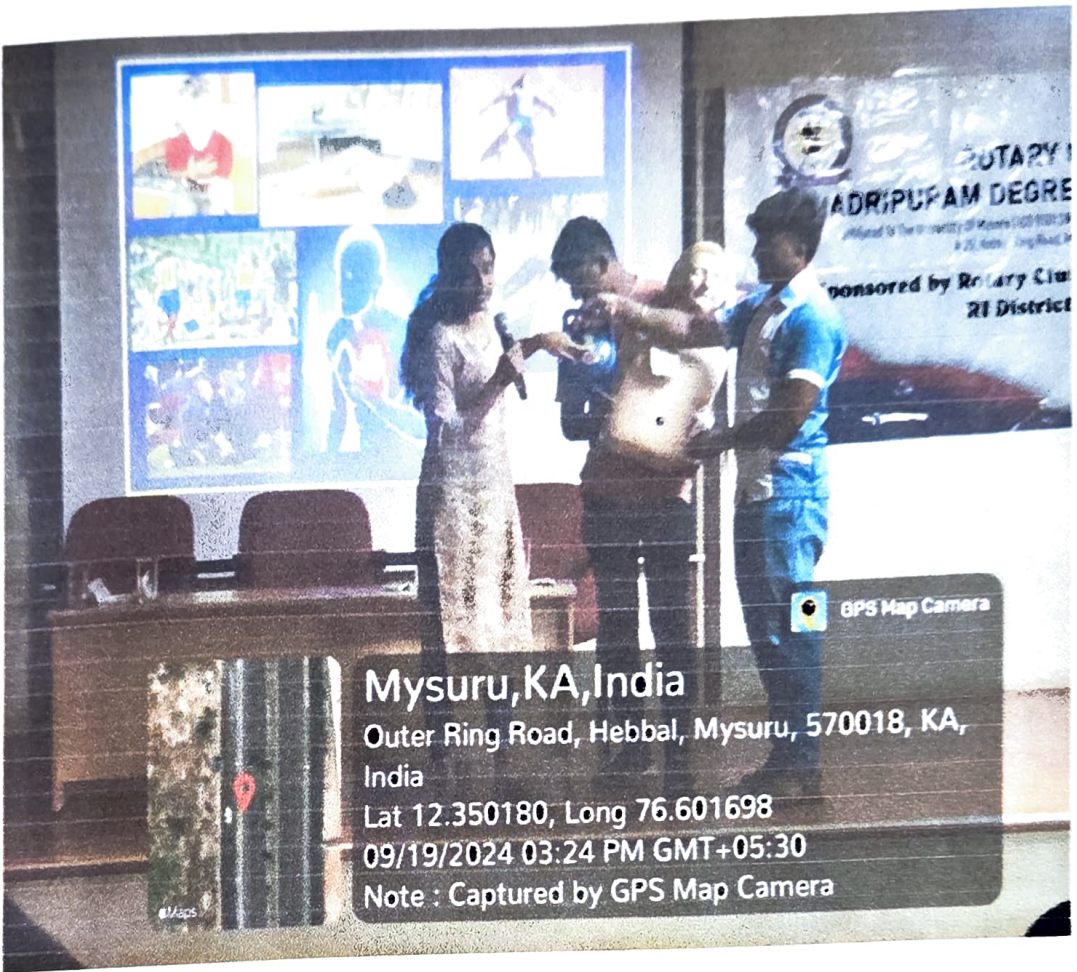
Affiliated to the University of Mysore | College Code: 1082 |
ISO 9001:2015 Certified | NAAC Accredited "B++" Grade
#25, HEBBAL RING ROAD, MYSURU - 17 ☎ 0821 - 2970536

Date: 23/09/2024

A Session on CPR Basic Life Support Program



[Signature]
Principal
Seshadripuram Degree College
Mysuru



[Signature]
Principal
Seshadripuram Degree College
Mysuru



Seshadripuram Educational Trust
SESHADRIPURAM DEGREE COLLEGE

Affiliated to the University of Mysore | College Code: 1082 | ISO 9001:2015 Certified |
NAAC Accredited "B++" Grade | Approved by AICTE | #25, Hebbal Ring Road, Hebbal, Mysuru-570017 |
☎ 0821 - 2970536

Circular

Date:29/01/2025

Dear students,

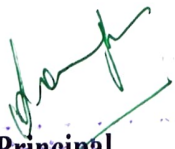
You are hereby informed that YRC, Rotract club, NSS and NCC is organizing 8th Volunteer Blood Donation camp in fond memory of Sri K.M Nanjappa Former Mayor and Former President of Seshadripuram Educational Trust with the initiative of IQAC in association with Indian Red Cross Society on 5th February 2025 at 10-00 Am in our college seminar hall.

We request everyone to donate blood for the good cause, for further queries contact:

Mr. Vinay M (Coordinator of YRC & Rotract).

Mr. Gurumurthy Bhatt (NSS Officer).

Lt. Kumar R(NCC Officer).


Principal

Seshadripuram Degree College
Mysuru





SESHADRIPURAM EDUCATIONAL TRUST
SESHADRIPURAM DEGREE COLLEGE

AFFILIATED TO THE UNIVERSITY OF MYSORE | ISO 9001:2015 CERTIFIED |

NAAC ACCREDITED B++ | APPROVED BY AICTE

#25, HEBBAL RING ROAD, MYSORE-17, PH. NO 0821-2970536

IQAC In Association With **INDIAN RED CROSS SOCIETY**
KARNATAKA STATE BRANCH AND ROTARY CLUB OF MYSORE MIDTOWN

Organizing

8th VOLUNTARY BLOOD DONATION CAMP

in fond memory of

Sri. K. M. NANJAPPA

FORMER MAYOR & FORMER PRESIDENT
SESHADRIPURAM EDUCATIONAL TRUST

Date: 05th February 2025, Day: Wednesday

Time: 10:00am | Venue : Seminar Hall

CHIEF GUEST

Dr. P. C. Kumaraswamy

District Health Officer, Mysore

GUEST OF HONOUR

Sri. Raju Chandrashekar

State Co-Ordinator,

Indian Red Cross Society, Karnataka

PRESIDED BY

Nadoja Dr. Wooday P. Krishna

Honorary General Secretary ,

Seshadripuram Educational Trust

PRESENCE

Ptn. Kumara Swamy S

President ,

Rotary Club of Mysore Midtown

Rtn. Elizar Milton

Hon. Secretary,

Rotary Club of Mysore Midtown

Smt. Archana Swamy N

Principal,

SIPUC, Mysore

ALL ARE WELCOME

B. A. Anantharam

Chairman, Governing Council

Dr. Sowmya Erappa K.

Principal



Seshadripuram Educational Trust

SESHADRIPURAM DEGREE COLLEGE

Affiliated to the University of Mysore | College Code: 1082 |
ISO 9001:2015 Certified | NAAC Accredited "B++" Grade | Approved by AICTE
#25, HEBBAL RING ROAD, MYSURU - 17 0821 - 2970536

Date: 5/2/2025

Report on 8th Voluntary Blood Donation Camp

Objective:

The primary objective of the 8th Voluntary Blood Donation Camp organized by Seshadripuram Degree College, Mysore, in collaboration with the Indian Red Cross Society, Karnataka State Branch, and the Rotary Club of Mysore Midtown, is to promote the significance of blood donation, raise awareness about the health benefits of donating blood, and honor the legacy of Sri K.M. Nanjappa, Former Mayor and Former President of Seshadripuram Educational Trust.

At the instance of IQAC, Seshadripuram Degree College, Mysore, in association with the Indian Red Cross Society, Karnataka State Branch, and the Rotary Club of Mysore Midtown, along with YRC, NSS, and NCC, organized the 8th Voluntary Blood Donation Camp in fond memory of ***Sri K.M. Nanjappa, Former Mayor and Former President of Seshadripuram Educational Trust***, on 5th February 2025 at 10 a.m. in the college seminar hall. The program was inaugurated by the dignitaries, who paid a floral tribute to Sri K.M. Nanjappa's portrait.

The chief guest of the program was Dr. P.C. Kumaraswamy, District Health Officer of Mysore. He addressed the gathering and quoted, "Among all donations, food donation is the greatest. Above all donations, blood donation is the supreme donation." He highlighted the significance of blood quality in medical terms. He also spoke about post-pregnancy deaths due to anemia in women after childbirth, noting that anemia is a common problem among women today.

Sri Raju Chandrashekar, State Coordinator of the Indian Red Cross Society, Karnataka, was the Guest of Honour. He spoke at length about the global transformations happening today and discussed the functions of various organs



in our body. He also emphasized the importance of blood donation to the students, stating that it helps reduce cancer cells and increases the iron level in the blood.

Nadoja Dr. Wooday P. Krishna, Honorary General Secretary of the Seshadripuram Educational Trust, delivered the presidential address. He stated that blood donation is the most universal act in the world. Blood has become a lifesaving resource, akin to a medicine. He highlighted that every year, around 2,500 units of blood are collected from our institution. Blood donated through the Red Cross reaches people across the country, including those in impoverished areas. He also mentioned that we never know who may require blood at any given time to save a life.

At the end of the inaugural program, the dignitaries handed over the first unit of blood to Dr. P.C. Kumaraswamy, District Health Officer of Mysore. The volunteers who donated blood were honored with certificates for their selfless contribution.

Totally 151 units of blood collected during the camp.

Outcome:

The successful outcome of the event included the collection of 151 units of blood, reflecting the strong participation of students, staff, and community members. The program fostered greater awareness about the importance of blood donation, especially in reducing health risks such as anemia and cardiovascular diseases. Through this initiative, the college contributed significantly to the national blood supply, supporting the Red Cross's mission of lifesaving efforts across the country.

Sd/-

PRINCIPAL


Principal
Seshadripuram Degree College
Mysuru





THROUGH HUMANITY TO PEACE



Indian Red Cross Society

Karnataka State Branch - Bengaluru

26, Red Cross Bhavan, 1st Floor, Race Course Road, Bengaluru - 560 001, Ph : 080-22264205 / 22340844

E-mail : ircskar@gmail.com / ircskarnataka@yahoo.in, Website : www.redcrosskarnataka.org

Karnataka Red Cross, Blood Bank - 080-22268435



Jean Henry Dunant
Founder of Red Cross
1828-1910

Certificate of Appreciation

This Certificate is Presented to

ROTRACT UNIT OF SESHADRI PURAM COLLEGE MYSORE

in recognition of the institution's outstanding efforts

in organizing Voluntary Blood Donation camp on 05/02/2025

your gesture will save thousands of lives

Vijay Kumar Patil Shavanthgera
CHAIRMAN

H. S. Balasubramanya
GENERAL SECRETARY



SESHADRIPURAM EDUCATIONAL TRUST

ಶೇಷಾದ್ರಿಪುರಂ ಪದವಿ ಕಾಲೇಜು SESHADRIPURAM DEGREE COLLEGE

Affiliated to the University of Mysore | College Code: 1082 | ISO 9001:2015 Certified
NAAC Accredited "B++" Grade | Approved by AICTE

8th February 2025

To,
Rtn. Kumara Swanmy S.
President,
Rotary Club of Mysore Midtown.

Dear Sir,

Subject: Letter of Gratitude

'Nothing is appreciated more than a kind letter of thanks!'

This is to thank you for sparing time with us as a guest of honour during the "8th Voluntary Blood Donation Camp" organized in fond memory of Sri. K. M. Nanjappa, Former Mayor and Former President of Seshadripuram Educational Trust, in Association with Indian Red Cross Society, Karnataka State Branch & Rotary Club of Mysore Midtown held on 5th February 2025, Wednesday in our College. Your kind presence in inaugural program of the said camp motivated our staff members and students a lot. *It was a great pleasure to host you at our Institution as a Guest.*

We hope that this kindness and co-operation will remain to continue in the future. We heartily thank you for your kindness.

With warm regards,

Principal

Seshadripuram Degree College
Mysuru



#೨೫, ಹೆಬ್ಬಾಳ ರಸ್ತೆ, ಮೈಸೂರು-೫೭೦೦೦೭ # 25, HEBBAL RING ROAD, MYSURU-570 017

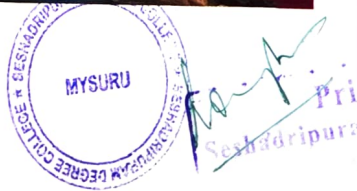
Ph : 0821-2970536, Mob : 9611981857, 9611981858, Website : www.sdcmysore.ac.in | E-mail : info@sdcmysore.ac.in

GSTIN-29AABTS1248P1ZX



Signature
Principal
Seshadripuram Degree College
Mysuru







[Signature]

Principal
 Seshadripuram Degree College
 Mysuru





Seshadripuram Educational Trust

SESHADRIPURAM DEGREE COLLEGE

Affiliated to the University of Mysore | College Code: 1082 |
ISO 9001:2015 Certified | NAAC Accredited "B++" Grade | Approved by AICTE
#25, HEBBAL RING ROAD, MYSURU - 17 ☎ 0821 - 2970536

Date: 25/2/2025

An Awareness Program on Cancer

Objective:

To raise awareness about cancer, its causes, and its impact on human health, debunk myths and misconceptions associated with cancer and also to encourage proactive health check-ups and awareness campaigns within the community.

In a mission to propagate the dread of Cancer, a seminar entitled: ***Myths, Misconceptions and Facts: Separating Truth from Fiction About Cancer*** was held on 22 February 2025. The program was jointly organized by Youth Red Cross Society and Rotary Club at the directives of the IQAC. Dr. Kiran Shankar, an eminent physician who serves as surgical Oncologist at Cauvery Heart and Multi-Speciality Hospital, Mysore was the resource person. He gave a profound lecture on the ill effects of cancer and debunked certain preconceived notions with cancer. Moreover, he gave an expository lecture on the cause of cancer, how it affected the constitution of a person. He said that cancer can be cured by timely diagnosis and medication. He also displayed graphical images to assert the number of cancer cases skyrocketed in recent times.

All in all, the session was fruitful; the students gained an insight into the pernicious effects that cancer had on humans.

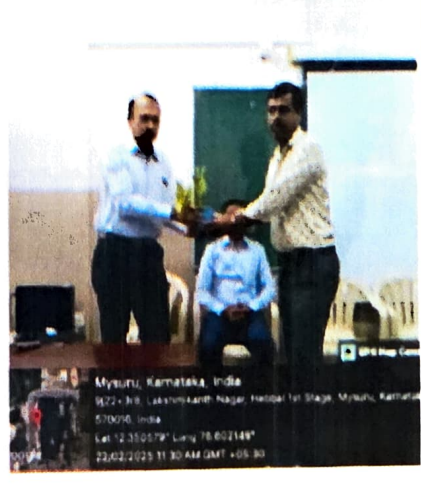
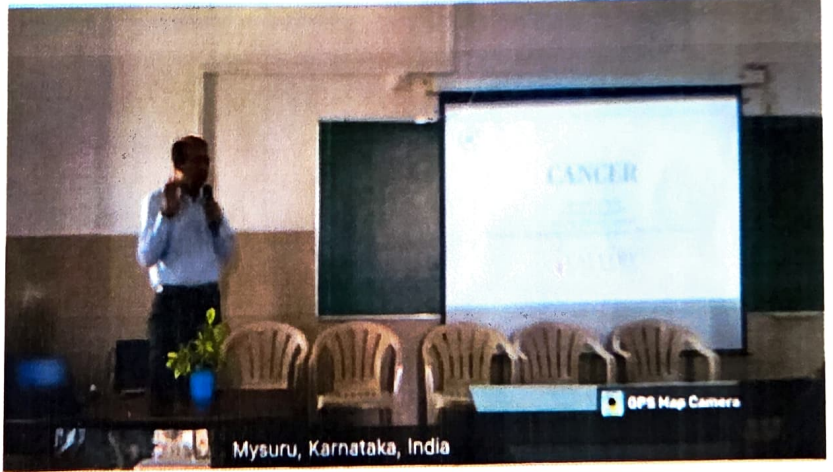
Outcome:

Participants gained a clear understanding of cancer, its causes, and risk factors. Myths and misconceptions about cancer were dispelled through expert insights. Students became aware of the importance of early diagnosis and timely medication in cancer treatment.

Sd/-
PRINCIPAL

Principal
Seshadripuram Degree College
Mysuru





[Signature]
Principal
 Seshadripuram Degree College
 Mysuru



Seshadripuram Educational Trust

SESHADRIPURAM DEGREE COLLEGE

Affiliated to the University of Mysore | College Code: 1082 |
ISO 9001:2015 Certified | NAAC Accredited "B++" Grade | Approved by AICTE
#25, HEBBAL RING ROAD, MYSURU - 17 ☎ 0821 - 2970536

Active lives, Healthy Futures

15/04/2025

Objective:

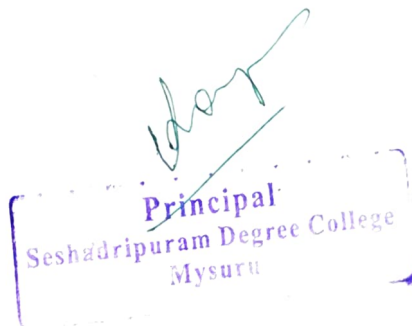
To create awareness among students about maintaining a healthy lifestyle and to educate them on the importance of nutrition, exercise, and healthy habits in preventing childhood obesity and related health issues.

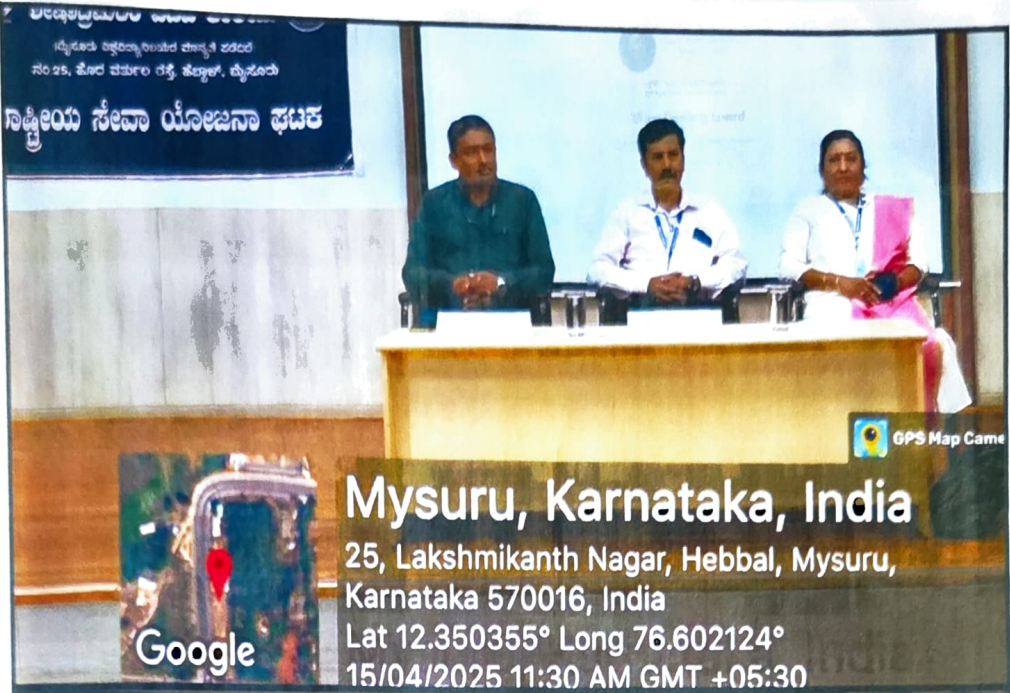
The NCC, NSS, YRC & the Rotary club, in making awareness on the healthy lifestyle among the pupils, organised a lecture on the theme entitled: "Healthy lifestyle to address obesity in children" on 15 April 2025 at 11:00 AM in the seminar hall. The session was held at the behest of the IQAC. Mr. Chandrashekhar S, Head, Public Relations, Prerana Hospital, Mysore, assumed as the chief guest. He gave a well-knit lecture on dietary requirements for children, nutrition and deficiencies caused by malnutrition. Furthermore, he went on to talk of a healthy regimen that one should religiously keep up and advised the pupils to do away with junk foods and give up consumption of Alcohol.

Mr. Vinay M, Coordinator, YRC & Rotaract, Lt Kumar R, ANO, NCC and Mr. Gurumurthy Bhat PR, NSS Program Officer were present at the session.

Outcome:

Students gained a deeper understanding of the critical role nutrition plays in their physical and mental well-being. The session successfully instilled the importance of leading a healthy lifestyle, reducing the risk of childhood obesity, and inspired students to adopt healthier dietary and lifestyle choices in their daily lives.







Seshadripuram Educational Trust

SESHADRIPURAM DEGREE COLLEGE

Affiliated to the University of Mysore | College Code: 1082 |
ISO 9001:2015 Certified | NAAC Accredited "B++" Grade | Approved by AICTE
#25, HEBBAL RING ROAD, MYSURU - 17 ☎ 0821 - 2970536

Glimpses of the event:





SESHADRIPURAM EDUCATIONAL TRUST
SESHADRIPURAM DEGREE COLLEGE
AFFILIATED TO THE UNIVERSITY OF MYSORE | ISO 9001:2015 CERTIFIED |
NAAC ACCREDITED B++ | APPROVED BY AICTE
#25, HEBBAL RING ROAD, MYSORE-17, PH. NO 0821-2970536

IQAC in association with YRC, Rotaract, NSS, NCC &
Clearmedi Radiant Hospital, Mysore on the occasion of
World Red Cross day.

**"Check up for a Cause -
World Red Cross, Initiative"**
Theme : Keeping Humanity Alive

Date: 8th May 2025, Thursday
Time: 10:00 AM | Venue: College campus

B. A. Anantharam Chairman, Governing Council	Dr. Sowmya Erappa K. Principal
Sanjana. R Student Coordinator	Vinay. M YRC, Rotract Coordinator

All are Cordially Invited



SESHADRIPURAM EDUCATIONAL TRUST
SESHADRIPURAM DEGREE COLLEGE
AFFILIATED TO THE UNIVERSITY OF MYSORE | ISO 9001:2015 CERTIFIED |
NAAC ACCREDITED B++ | APPROVED BY AICTE
#25, HEBBAL RING ROAD, MYSORE-17, PH. NO 0821-2970536

WORLD RED CROSS DAY

**8th
May, 2025**

"Keeping Humanity Alive."

Principal
Seshadripuram Degree College
Mysuru

World Red Cross Day on 8th May 2025

Participant Details

	NAME	GENDER	AGE	BP	GRBS	WEIGHT	HEIGHT	BMI	MOB NUMBER
1	SOMASHEKAR	MALE							
2	PRABHAKAR	MALE	43	150/100	184	86	173		9900658759
3	SUNIL KUMAR G V	MALE	49	130/90	140	91	159		9980845356
4	LOKESH	MALE	32	130/80	245	81	172		7760842180
5	JAYAKUMAR	MALE	41	150/100	101	76	167		9538529491
6	PUTTALINGAPPA	MALE	58	150/90	447	57	160		8971144885
7	SOWMYA	FEMALE	45	130/80	280	73	173		9741463251
8	GURUMURTHY BHAT	MALE	46	110/80	277	71	168		9880881982
9	VINAY	MALE	41	120/80	119	77	164		9916733507
10	KRUPALINY	FEMALE	37	120/80	118	89	174		9964665018
11	SHREEDEVI	FEMALE	40	140/90	102	78	161		8867752647
12	CHAITRA	FEMALE	39	130/80	107	69	160		9448347273
13	PRAFULLA	FEMALE	39	130/80	156	77	174		9035398678
14	LAVANYA	FEMALE	35	140/100	104	70	168		9986227781
15	DHANALAKSHMI	FEMALE	43	120/80	105	82	163		9481431067
16	JNANESH	FEMALE	37	140/90	132	57	151		7795244468
17	NAGENDRA	MALE	53	140/90	350	61	172		9980615432
18	NAGENDRA	MALE	35	120/80	139	84	170		9035266821
19	SATHYARAJ	MALE	22	130/80	117	104	164		8073226801
20	DEEKSHITH	MALE	20	130/80	105	51	168		9481622688
21	SUJATHA K	FEMALE	45	120/80	93	71	159		9845006963
22	MISS BHAIRAVI	FEMALE	20	130/90	110	55	154		8310469120
23	ANANYA	FEMALE	19	130/80	110	55	150		6364578335
24	RISHITHA	FEMALE	19	120/80	114	53	162		6360649855
25	PRAVEEN S	MALE	20	120/80	101	83	172		9845290859
26	MOHITH GOWDA	MALE	20	120/80	110	76	168		7483598872

MOB

Principal

Seshadripuram Degree
Mysuru

26	VINAY H	MALE	20	150/70	155	68	168	9591546908
27	YADHU KUMAR	MALE	38	130/80	111	74	172	9964599921
28	KUMAR R	MALE	38	140/100	137	81	164	9964236301
29	JAYALAKSHMI	FEMALE	43	120/80	152	65	152	99456980778
30	AVINASH	MALE	32	140/100	112	67	168	7337877929
31	HEMCHANGAPPA	MALE	19	130/70	110	65	179	7259498776
32	ROHITH	MALE	19	130/90	102	58	168	8050829071
33	PRADEEP KUMAR	MALE	43	150/100	120	72	162	8105528758
34	PARASHURAM	MALE	18	120/70	103	70	170	8431802148
35	YASHWANTHACHARI	MALE	19	130/80	110	76	160	6360999152
36	MEENAKASHI	FEMALE	45	130/90	111	61	157	9663164377
37	LAKSHMI	FEMALE	40	130/80	110	43	147	9741583527
38	SOWMYA M	FEMALE	42	130/80	111	78	152	9036860176
39	DURGA PRASAD	MALE	20	130/80	110	85	178	8722991874
40	BHUVANESH	MALE	19	120/80	112	70	172	8951581452
41	NIKHIL	MALE	18	130/80	111	59	160	9019438318
42	MOHAN	MALE	20	110/70	99	60	183	7899459350
43	VICKY	MALE	20	140/80	111	75	166	9141524609
44	SHASHANK	MALE	18	120/80	111	76	171	8088020340
45	GOWTHAMI	FEMALE	33	130/80	93	59	159	8073991271
46	AISHWARYA	FEMALE	18	120/80	99	37	162	8310940242
47	SINCHANA	FEMALE	17	110/80	100	40	156	7676977759
48	APOORVA	FEMALE	18	120/80	98	50	155	9343618094
49	RISHA	FEMALE	20	110/80	100	45	150	8277419346
50	MAYUR	MALE	20	130/80	102	78	172	6361400070
51	VAISHNAVI	FEMALE	20	110/80	99	50	159	7483887700
52	HARSHITHA	FEMALE	20	110/70	99	53	164	9980140610
53	SUDHA	FEMALE	35	130/80	110	59	159	9113673627
54	BASAVARAJ	MALE	42	140/90	136	91	173	9972362350
55	BHANUPRIYA	FEMALE	19	110/70	99	42	156	8431647774
56	MADHUSHREE	FEMALE	20	110/70	101	62	160	6360353474
57	SOUNDHRYA	FEMALE	18	120/80	111	43	143	8310331157
58	JEEVITHA	FEMALE	19	120/80	114	43	149	8951725771

Principal
Seshadripuram Degree (C)
Mysuru

RAKSHITHA	FEMALE	20	120/80	99	58	157	
MANASA	FEMALE	20	130/80	98	58	161	8867051848
VARSHA K	FEMALE	19	110/80	99	63	160	9353589895
DHANUSHREE	FEMALE	19	110/70	104	42	155	9353670667
DEEPIKA	FEMALE	19	120/80	98	61	148	6362365014
VINUTHA	FEMALE	20	110/80	101	39	148	7760162534
POOJA	FEMALE	19	120/80	99	53	160	7760760758
RINKU	FEMALE	19	110/80	99	40	153	8867637539
SIDDE GOWDA	MALE	48	120/80	211	74	166	7259481676
PRATHIMA	FEMALE	45	120/80	112	62	158	9986180848
LIKITH GOWDA	MALE	19	130/80	102	63	166	8050947564
SACHIN R	MALE	19	130/80	98	79	179	8296702633
YASHWANTH	MALE	19	130/90	100	59	156	9731148449
SRINIVASA	MALE	47	150/100	129	92	166	7349029744
MAYUR D	MALE	19	130/80	100	67	168	9900889423
KAVYASHREE	FEMALE	33	100/70	90	54	145	9900601140
SHIVAGANAGA	FEMALE	33	120/80	93	68	154	9449754738
HEMANTH KUMAR	MALE	19	110/70	99	49	166	7483781843
RAKSHITHA	FEMALE	18	100/70	99	61	171	8310071201
INCHARA	FEMALE	19	100/70	100	59	164	8217812114
PUSHPALATHA	FEMALE	18	100/70	99	47	156	6361118720
SNEHA	FEMALE	18	100/70	98	58	157	8867585660
DEEKSHA	FEMALE	18	100/70	100	53	153	7795231183
DHARANI	FEMALE	18	110/70	101	38	159	8660869690
SADANANDA	MALE	63	130/80	225	74	162	8792543052
MANASA	FEMALE	18	100/70	98	32	151	9341257336
NISARGA	FEMALE	19	90/60	100	42	143	7019896918
NIMISHA	FEMALE	19	120/80	100	65	153	9686069152
YAMUNA	FEMALE	18	100/60	105	47	160	9591854455
IMPANA	FEMALE	19	100/60	98	59	167	9945891532
CHAIRTA M	FEMALE	35	130/80	105	70	151	8884987890
CHAITRA T K	FEMALE	35	120/80	90	61	164	8884904347
SHIVASKANDA	MALE	16	120/80	111	70	164	9945999877
							9341257336

Principal
Seshadripuram Degree College
Mysuru

92	BHARGAVA	MALE	21	130/80	120	70	171		8073149260
93	SHIVAN	MALE	21	120/70	103	63	181		8088375834
94	PRIYANSH	MALE	21	130/80	103	81	174		9740769034
95	NAGARAJ	MALE	21	120/70	115	61	165		8892960617
96	PINKI RANI	FEMALE	20	140/80	100	55	150		9632853335
97	SPANDANA	FEMALE	20	130/80	97	62	161		7899502017
98	MURALI KRISHNA	MALE	20	120/80	102	77	188		9113903097
99	YASHWANTH	MALE	19	120/80	115	63	165		9380269552
100	SANDYA ACHAR	FEMALE	43	120/80	94	74	154		9880374488
101	THEJAS K N	MALE	22	120/80	113	75	167		7899326201
102	THEJASWINI	FEMALE	21	120/70	101	54	150		7019090837
103	VUJAYALAKSHMI	FEMALE	20	100/80	104	42	134		7411221643
104	PUSHPAVENI	FEMALE	20	110/80	114	40	160		6363938083
105	PRANESH	MALE	46	140/90	106	72	165		8618863668
106	NAYANA R	FEMALE	21	100/60	100	48	160		7795743378
107	RAVI	MALE	32	160/100	93	68	170		9743382693
108	JAGADISH K T	MALE	40	170/120	147	83	159		8496062615
109	RASHMI	FEMALE	35	100/60	105	48	159		9663136983
110	SANTHOSH	MALE	35	150/100	107	75	175		9916772389
111	ANITHA S	FEMALE	45	120/80	110	54	153		9945915987
112	SRINIVAS MURTHY	MALE	54	140/90	112	62	160		9945915987
113	PARVATHI	FEMALE	30	120/80	101	73	156		7676029985
114	KUMARAN	MALE	38	120/80	101	93	171		9731342930
115	SATHYANARAYAN	MALE	39	140/90	127	74	165		8660712958
116	CHIKKA SWAMY	MALE	42	150/100	102	81	174		9880828616
117	KRUPA NIDHI	FEMALE	21	120/80	99	62	164		9148989633
118	HEMA SHREE	FEMALE	20	120/70	100	60	149		8296669211
119	BHAVATHARINI	FEMALE	20	100/80	96	47	159		8088979132
120	CHANDINI POORNIMA	FEMALE	23	130/90	99	74	157		9353586522
121	SUDHAKAR	MALE	55	150/90	173	110	166		9900747470
122	GAYATHRI	FEMALE	45	120/80	130	41	148		9980611526
123	LATHA	FEMALE	35	110/80	108	69	157		9742482609
124	MAHESH KUMAR	MALE	42	190/110	70	63	166		8904570118

125	MRUDULA	FEMALE	45	160/90	120	61	159		9342010599
126	DIVYASHREE	FEMALE	33	130/90	87	67	159		9620472500
127	POOJA	FEMALE	31	110/70	89	58	158		9538728671
128	RENOLD	MALE	47	150/100	288	75	158		9482378855
129	NITHYA	FEMALE	21	100/70	99	38	146		7411256289
130	KEERTHANA	FEMALE	20	100/70	99	52	153		8217380659
131	SAMEEKSHA	FEMALE	21	110/80	103	48	156		8095582555
132	PAVITHRA K	FEMALE	21	110/70	100	51	162		8971388137
133	MANASA	FEMALE	20	120/80	99	48	149		9741744970
134	CHIRANTHA	FEMALE	20	120/80	100	73	158		9880897934
135	S S SPOORTHI	FEMALE	22	100/70	98	50	157		7760681155
136	DEEPTHI	FEMALE	20	100/80	101	52	173		9743481689
137	AJAY	MALE	32	150/100	104	65	163		8553368048
138	CHIRANTHA	MALE	20	130/80	110	69	167		8088833243
139	SUBHASHINI	FEMALE	52	140/90	170	98	157		9611946974
140	HARISH K M	MALE	21	140/100	100	66	161		9353703643
141	ARUN	MALE	42	150/90	129	92	184		8310130456



Principal
Seshadripuram Degree College
Mysuru