



Seshadripuram Educational Trust

SESHADRIPURAM DEGREE COLLEGE

Affiliated to the University of Mysore | College Code: 1082 |
ISO 9001:2015 Certified | NAAC Accredited "B++" Grade | Approved by AICTE
#25, HEBBAL RING ROAD, MYSURU - 17 ☎ 0821 - 2970536

Date: 15/4/2025

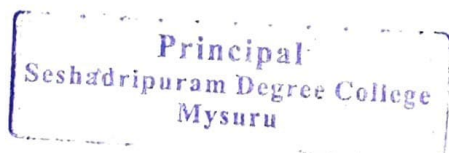
Seminar on Sexual Harassment Laws -A Report

In stressing the atrocities against women, in association with IQAC, the Internal Complaints Committee organized a seminar entitled: "Sexual Harassment Laws: The need & Significance in the light of Gender Equality" on 12 April 2025 at 11:15 AM. Mrs Kruthika K G, a Senior Advocate as well as a senior contract Analyst in Accenture assumed as chief guest. She gave a succinct lecture on various tribulations confronted by women. Moreover, information as to legal safeguards for women were transacted to the audience. She underscored the self-reliance of women and the need to brush off all humiliations experienced in patriarchal society.

The session was attended by Lt. Kumar R, Coordinator, Anti- Ragging Cell; Mr. Vinay and Mrs. Sowmya M, Coordinators, ICC (Internal complaints Committee)

Sd/-

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Glimpse of the event



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IQAC in association with Internal Compliant Committee organizes a session on

Sexual Harassment Laws: The need & significance in the light of gender equality

Venue: Seminar Hall

Date: 12th April 2025, Saturday

Time : 11:15AM

RESOURCE PERSON:

Kruthika K G

Senior Advocate

Senior Contract Analyst, Accenture

All are Cordially Invited

B. A. Anantharam
Chairman, Governing Council

Dr Sowmya Erappa K
Principal

Mrs. Mruthula Sojan
IQAC Coordinator

Lt.Kumar .R
Anti Ragging Cell Coordinator

Mr.Vinay M
Mrs Sowmya M
Faculty Coordinators
ICC

Leekshitha N V
Student Coordinator



Mrs. Kruthika KG, a Senior Advocate as well as a senior contract Analyst in Accenture, giving lecture on various hardships faced by women. Students were able to attend a well- knit lecture of the legal safeguards of Women.




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Date: 24/03/2025

Report on Special Lecture Programme by Alcohol Anonymous

At the directives of the IQAC, the Equal Opportunity Cell - SAMANTHARA, ICC, NCC unit as well as the NSS, Seshadripuram Degree College, Mysore organized a Special lecture Programme on the dread caused by the consumption of Alcohol. The Lecture was given by Alcoholics Anonymous, an agency that endeavours to resolve the problem of drunkenness. The session perspired on 22 March 2025 at 9:55. a.m. The Sober alcoholic gave testimony of the gruelling situations caused by over consumption of Alcohol. The discussion ranged from how to put off such instincts to training of mind. They laid out a series of trauma confronted by them and how they got through with the aid of Alcoholic Anonymous. It not only have you do away with the state of drunkenness but also reforms the mind of a person. Personality Development is especial to this agency.

Sd/-

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Date: 24/03/2025

Glimpses of the Special Lecture Programme

ಕುಡಿದ ಸಮಸ್ಯೆ ಎದುರಾಗಿದೆಯೇ ?
ಬಹುಶಃ ಆಲ್ಕೋಹಾಲಿಕ್ ಅನಾನಿಮಸ್
ನಿಮಗೆ ಸಹಾಯ ಮಾಡಬಹುದು !
ಸಹಾಯವಾಣಿ :
9008948589
Having Alcohol or Drinking Problems ?
PERHAPS ALCOHOLICS ANONYMOUS
CAN HELP TO SOLVE THE PROBLEM !
HELPLINE :
9008948589
ವಿಳಾಸ :
ಆಲ್ಕೋಹಾಲಿಕ್ ಅನಾನಿಮಸ್
ALCOHOLICS ANONYMOUS
MYSORE INTER GROUP
Ashraya # 02, St. Philomena Boarding House Campus
Lourd Nagar, B.N. Road, Mysore - 01
Email : aamysoreintergroup76@gmail.com



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#25, HERBAL RING ROAD, MYSURU .17 - 0021 - 2970534

NCC, NSS & Equal Opportunity Cell- SAMANTHARA

In association with

Internal Quality Assurance Cell

Cordially invites you to

A Special Lecture Programme

By

Alcoholics Anonymous – A Mysore inter Group

on

“Drug Abuse in Youth”

Date: 22nd March 2025

Timings: 9.55 AM

Venue: Seminar Hall

B.A. Anantharam
Chairman, Governing Council

Dr. Soniya Erappa K.
Principal

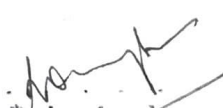
Mrs. Mruthula Sojan
IQAC Coordinator

NCC Coordinator
Lt. Kumar R

NSS Coordinator
Gurumurthy Bhat P R

EOC- Coordinator
Soniya M




Principal
Seshadripuram Degree College
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Date: 11/2/2025

A Lecture on Hope: Humanity of Positive Energy

With a vision to imbibe moral values in the students, a session on “Hope” - Humanity of Positive Energy was held at the joint initiatives of the IQAC, Anti-Ragging committee, Internal Complaints committee, the Equal Opportunity Cell - SAMANTHARA, the NCC, the NSS and the YRC on 10th February 2025 at 9AM. The session was co organised by Sri Sathya Sai Seva Organisation. Mr. Sundar Annatharam, State Spiritual Coordinator Karnataka, South was the resource person. He gave an insightful lecture on the character and the certain values one should possess. The students were informed of the integrated personality which comprises Physical quotient, Intellectual Quotient, Emotional Quotient and spiritual Quotient. He also explained the need of having a fine balance between health and mind. Moreover, they were taken to the realms of intellectual personality and the different ways to develop spiritual quotient.

All in all, the session was fruitful. The students gained insights into the qualities to be possessed at the stage of adulthood. The session was witnessed by Lt. Kumar R, Coordinator of Anti -Ragging Committee; Mrs Sowmya M , coordinator of Equal Opportunity Cell- SAMANTHARA, Mr. Vinay M, Coordinator, YRC were present at the session.

Sd/-

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Date: 11/2/2025

A Lecture on Hope: Humanity of Positive Energy

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#25, HEBBAL RING ROAD, MYSURU - 17, PH. NO. 0821-2970536

IQAC In Association With Anti Ragging , Internal Complaint Committee,
NCC, NSS, YRC and Equal Opportunity Cell
Sri Sathya Sai Seva Organization

A Session on
HOPE
HUMANITY OF POSITIVE ENERGY
RESOURCE PERSON
Sundar Anantharam
State Spiritual Co-ordinator Karnataka, South

Date: 10th February 2025, **Day:** Monday
Time: 09:00 Am | **Venue:** Seminar Hall

All are Welcome

B. A. Anantharam Chairman, Governing Council	Dr. Sowmya Erappa K. Principal
Li.Kumar.R Anti ragging coordinator	Gurumurthy Bhat P. R. NSS Program officer
Vinay.M & Sowmya. M ICC coordinator	



Principal
Seshadripuram Degree College
Mysuru